

Forum Review

Nitric Oxide Synthase Expression and Nitric Oxide Toxicity in Oligodendrocytes

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ABSTRACT

Oligodendrocytes (OLG) have more complex interactions with nitric oxide (NO) than initially suspected. Historically, OLG were seen only as targets of high NO levels released from other cells. Expression of nitric oxide synthase type II (NOS-2) in primary cultures of OLGs stimulated by cytokines led to controversy due to the presence of small numbers of microglia, cells also inducible for NOS-2 expression. The present review summarizes the findings that immature OLG express NOS-2, but that they do not in their most mature stage in culture as membrane sheet-bearing cells. This raises questions about the regulation of NOS-2 expression in OLG. Additionally, novel data are presented on NOS-3 expression in cultured OLG. If confirmed *in vivo*, this finding suggests that constitutive NOS-3 expression may play a key role in OLG injury due to its activation by calcium, in interaction with pathways mediating glutamate toxicity. The authors discuss *in vivo* NO levels to place *in vitro* findings in context, and compare OLG sensitivity to NO with that of other brain cells. Lastly, the multiple interactions of NO are considered with regard to glutamate cytotoxicity, the antioxidant glutathione, mitochondrial function, and myelin architecture. *Antioxid. Redox Signal.* 8, 967–980.

EXPRESSION OF NITRIC OXIDE SYNTHASES

Constitutive nitric oxide synthases

Expression in brain. NITRIC OXIDE SYNTHASE (NOS) type I, also named neuronal NOS (nNOS or NOS-1), and NOS type III, also named endothelial NOS (eNOS or NOS-3), are constitutively expressed in endothelial cells, and in some neurons and astrocytes in certain brain areas. Unlike inducible NOS (iNOS or NOS-2), the activity of both of these enzymes is regulated by changes in calcium concentrations. NOS-1 and NOS-3 have seldom been investigated in oligodendrocytes (OLG) since initially they were not found in OLG in guinea pig optic nerve either by NADPH-diaphorase activity (NADPH-d), common to all NOS, or by immunodetection (85). That same year, NADPH-d was reported in trout OLG (83). This difference was ascribed to species differences, but not to the detection method.

The presence of NOS-1 has never been found in OLG. Even though immunostaining for NOS-3 *per se* has never been reported in OLG, the presence of NOS-3 cannot be completely ruled out. Since NOS-3 is mostly bound to the membrane fraction (79), it responds similarly as do other membrane antigens to fixation methods; thus, harsh treatment to remove paraffin from embedded sections disrupts most of the plasma membranes and can lead to loss of membrane-associated antigens. Moreover, NOS-3 and its NADPH-d activity are especially sensitive to aldehyde fixation versus the relative sturdiness of NOS-1 (35). As a result, the two oldest and most used methods, namely paraffin-embedding and 4% paraformaldehyde (PAF) fixation, greatly impair detection of the moderate levels of NOS-3 found in glial cells. Highly variable intensity and frequency of NOS-3 detection in astrocytes illustrate the importance of fixation methods. NOS-3 and NADPH-d activity in astrocytes were first reported in normal rat brain after light fixation with 2% PAF (35). Later, brain sections from primate and rat, when lightly fixed or em-

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bedded in OCT compound, showed widespread and robust NOS-3 expression in astrocytes throughout the gray matter and the white matter (52, 98). In contrast, paraffin-embedded and heavily fixed sections displayed NOS-3 expression in astrocytes only in a few discrete areas in normal rodent brain or in brain lesions from multiple sclerosis patients as well as from healthy controls (5, 15, 43).

When taking into account detection methods, circumstantial evidence suggests that NOS-3 is expressed in OLG in normal brain. NADPH-d activity was found in fish OLG after light fixation with 1% PAF, and revealed characteristic staining of rings around axons reminiscent of myelin sheaths (83). Similar ring-like structures were found adjacent to neurons by NOS-3 immunodetection in the primate cortex lightly fixed with 2%–4% PAF (98). As might be predicted in brain strongly fixed with 4% PAF, NADPH-d activity was detectable in rat OLG only by electron microscopy without NOS-3 immunodetection (56). Additional circumstantial evidence for NOS-3 expression in OLG is suggested by the detection of its mRNA by *in situ* hybridization in rodent white matter (29). However, the signal was so low that it was ascribed to background despite the absence of this faint staining in NOS-3 null mice. Furthermore, Schwann cells, the myelinating homologue of OLG in peripheral nervous system, express NOS-3 protein *in situ* as shown by immunohistochemistry (60). Until additional studies are done using OLG markers to detect NOS-3 mRNA or protein under optimal conditions, the question whether OLG express NOS-3 in normal brain remains unanswered.

NOS-3 expression in primary culture. Despite the lack of clear evidence for NOS-3 in OLG in brain, our preliminary studies show that NOS-3 is expressed in primary cultures of OLG (13). Using immunodetection with polyclonal and monoclonal antibodies, we reproducibly found strong expression of NOS-3 in enriched OLG preparations from epilepsy patients that was absent in contaminating astrocytes and microglia (Fig. 1). NOS-3 was present at all stages of maturation from bipolar to membrane-bearing OLG expressing myelin basic protein (MBP) and myelin oligodendrocyte glycoprotein (MOG), suggesting it is expressed early in the lineage. To assess the possibility of a pathological expression due to the epileptic source of cells, or a species-specific expression, NOS-3 was investigated in OLG isolated from normal adult rat brain where it was immunodetected in soma and thick processes. Functional evidence for NOS-3 was demonstrated in cultured adult baboon OLG using the general NOS inhibitor *N*-methylamido-L-ornithine (L-NMMA). After one week incubation with low dose L-NMMA (4 μ M, close to the *K_i* of purified human NOS-3), marked changes in arborization occurred in OLG (Fig. 1). L-NMMA does not inhibit NOS-3 specifically, and inhibits NOS-1 with a similar efficacy. However, NOS-1 was not found in cultured human OLG (unpublished observations), suggesting the arborization change was related to a decrease in NOS-3 activity.

The lack of NOS-3 detection in OLG *in situ* can be reconciled with the strong expression in culture if NOS-3 expression is too low to be detected by classic immunohistochemistry using resin-embedded or strongly fixed sections. This does not rule out a possible increased transient expression of

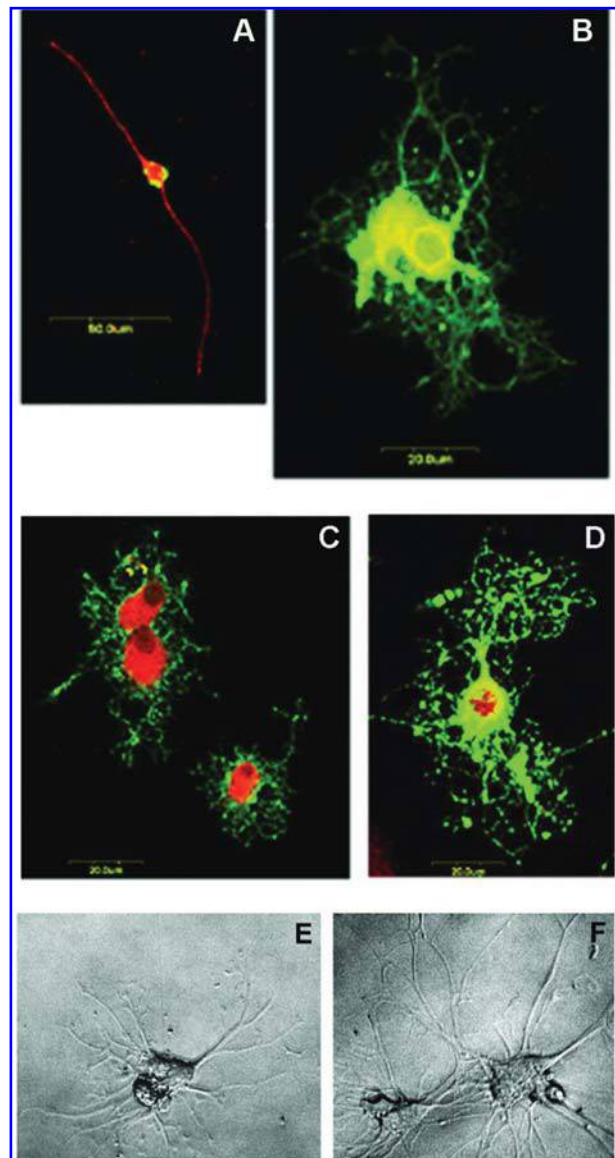


FIG. 1. OLG in culture express NOS-3 at all stages of maturation from bipolar to sheet-bearing OLG (A–D). OLG cultures were prepared from adult brain and maintained in serum-free medium. A human bipolar OLG expresses NOS-3 (red) but not MBP (green) (A). Human mature OLG express both NOS-3 (red) and MBP (green) with overlay in yellow. (B). NOS-3 (red) expression is not restricted to humans and is present in human (C) and rat (D) mature OLG expressing MOG (green). (D) is courtesy of Dr. Dello-Russo (University of Illinois at Chicago).

Note that the presence of NOS-3 is restricted to cytoplasm while MBP and MOG are present on the entire cell surface as best illustrated by a single confocal scan (C). All other panels (A, B, and D) show merged stacks of confocal imaging scans. NOS-3 function was assessed in maturing baboon OLG bearing ramified processes as shown by phase (E). A week after a single addition of the NOS-3 inhibitor L-NMMA, long-lasting changes in arborization were observed, including flattened cell bodies, and thinner, less ramified processes (F).

NOS-3 during brain repair, since cultured OLG isolated from adult brain reenact the myelination program and are a model for remyelination. NOS-3 does not appear to play a major role

during development as attested by the normal brain of NOS-3 null mice on gross examination (88). Only subtle differences were found in NOS-3 null mice when compared to the wild type, such as modulation of neurotransmitter release and reduced neurogenesis (50, 86). All studies of NOS-3 null mice focused on neuronal functions and none addressed glial functions of brain repair and remyelination. Whether NOS-3 expression *in vitro* is an artifact of culture conditions or represents upregulation that might occur during remyelination deserves further investigation. NOS-3 was present in cultured OLG across species and across maturation stages from bipolar progenitors to mature membrane-bearing cells, and may have, at least *in vitro*, a function in membrane extension.

Inducible nitric oxide synthase

A series of publications has reported expression of inducible NOS (iNOS or NOS-2) in cultured OLG (69, 71, 75), while one report convincingly conveyed negative results (46). The controversy is fueled by the classification of NOS-2 as a hallmark of inflammation, induced by inflammatory cytokines to provide a high germicidal NO output. NOS-2 expression in OLG contradicts the dogma that they are passive targets of inflammation. In addition, NOS-2 activity in a cell highly susceptible to oxidative damage is puzzling, as OLG are likely to suffer greatly from high levels of NO. However, the same can be said of neurons, clearly shown to express NOS-2 under pathological conditions such as Alzheimer's disease (45).

Evidence for and against NOS-2 expression in oligodendrocytes. *In vitro*, the combined inflammatory cytokines tumor necrosis factor alpha (TNF α) and interferon gamma (IFN γ) elicited a strong NOS-2 expression in the rat OLG progenitor cell line CG4 as revealed by RT-PCR and Western blot analysis (9). NOS-2 was active and produced NO, as measured by colorimetric Griess reaction. A number of reports have shown NOS-2 induction in primary OLG culture with similar stimuli. The first report showed NOS-2 expression after 2 days incubation with lipopolysaccharide (LPS) plus IFN γ or IFN γ plus interleukin-1 beta (IL-1 β), based on several methods, including mRNA analysis, immunocytochemistry, enzymatic assay, and NO production (71). A majority of OLG were found to express NOS-2, and staining for 2',3'-cyclic nucleotide-3'-phosphodiesterase (CNPase) revealed branched processes devoid of large membrane extensions, suggesting that the NOS-2 expressing OLG had not reached full maturation. Another report showed NOS-2 expression after 24 h incubation with the same stimuli of LPS and IFN γ in most OLG progenitors at the A2B5+ bipolar stage, as well as in OLG deemed mature, that is, positive for galactocerebroside (GalC) (75). However, the image illustrating a "mature" OLG showed an immature OLG decorated with GalC that expressed NOS-2 (Fig. 2). NOS-2 expression was also induced by a completely different stimulus, the ionotropic glutamate receptor agonist kainate, after a short 2-day culture period that generated differentiating OLG of bipolar and multipolar phenotypes (69). More recently, NOS-2 expression was induced with the combination of cytokines IFN γ , TNF α , and LPS, or with bilirubin alone, and was detected by RT-PCR, Western blot analysis, and NO production (31, 39). However, these two reports lacked

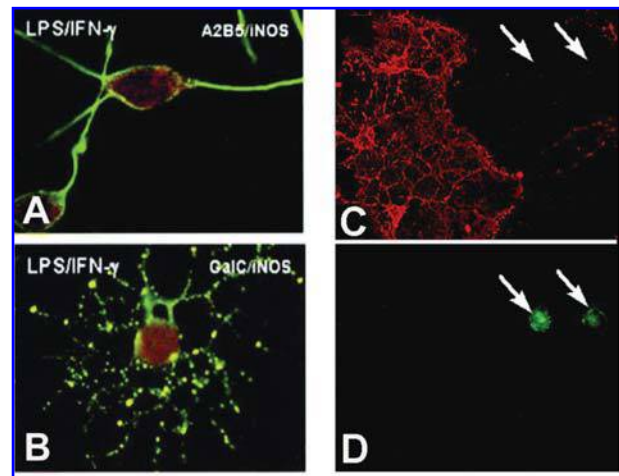


FIG. 2. Bipolar and immature OLG express NOS-2 (A, B), while mature sheet-bearing OLG do not (C, D). OLG cultures were prepared from neonatal rat brain, then treated with LPS plus IFN γ for 24 h and co-labeled with antibodies to NOS-2 (red) and A2B5 (green) (A) or galactocerebroside (green) (B), from Molina-Holgado *et al.* (75) with permission. The same OLG culture model (control not depleted of microglia) was treated with LPS and IFN γ for 48 h and stained for O1 (galactocerebroside) (C) and NOS-2 (D). Panels C and D are from the same microscopic field. Arrowheads indicate two O1-negative, NOS-2-positive cells, from Hewett *et al.* (46) with permission. Note the immature multipolar OLG (B) when compared to mature sheet-bearing OLG (C).

detailed characterization of the OLG cultures and did not show NOS-2 immunostaining nor their stage of maturity. These cultures were enriched with 95% OLG expressing GalC, raising the concern that the 5% remaining cells, primarily microglia and astrocytes, were also induced to express NOS-2 in these conditions. In an elegant study, Hewett *et al.* (46) concluded that NOS-2 expression was due to microglial expression in enriched OLG cultures by selectively killing residual microglia, then subsequently treating with LPS and IFN γ . The cultures depleted of microglia showed fully mature OLG bearing large membrane extensions that were negative for NOS-2 in contrast to nondepleted cultures with microglia that expressed NOS-2 (Fig. 2). However, even after microglia were removed, some residual NO production remained upon stimulation, suggesting that some cells in the culture, possibly OLG progenitors, were still able to express NOS-2.

In situ, NOS-2 has never been reported in OLG in normal adult brain, as might be expected in the absence of high levels of inflammatory cytokines. In the rare pathological situation of pure OLG tumors, NOS-2 was immunodetected in more than half of the oligodendrogliomas (14), consistent with NOS-2 expression in immature OLG. In traumatic brain injury with increased levels of inflammatory cytokines, NOS-2 has occasionally been immunodetected in OLG (36). In multiple sclerosis, NOS-2 has never been detected in OLG, despite an abundance of IFN γ and TNF α in lesions, but it should be noted that multiple sclerosis lesions are characterized by a paucity of premyelinating OLG (22), rendering any NOS-2 detection unlikely.

Conclusion. The fact that all the publications used the same cell culture system from neonatal rat brain facilitates their comparison. Strikingly, a common characteristic in the reports showing NOS-2 expression by immunocytochemistry was the early stage of maturity, from bipolar progenitors to immature/young OLG devoid of large membrane extensions. In contrast, when OLG were fully mature and harbored membrane sheets, the so-called "mossy type," they failed to express NOS-2 with the same stimuli of LPS and IFN γ . That suggests NOS-2 expression is inducible only in progenitors and maturing OLG, but is inhibited in membrane sheet-bearing OLG. It was clearly documented in two studies that cultures elicited to promote NOS-2 expression were less mature than control cultures (69, 75). It is possible that the inducing conditions for NOS-2 stress cells and hamper their progress into maturation, resulting in a younger phenotype that permits NOS-2 expression. Inhibition of NOS-2 induction in mature OLG is possibly a protective mechanism to prevent the production of large amounts of NO that could otherwise disrupt myelin (see paragraph on mechanisms of NO toxicity). NOS-2 expression, as occurs following cytokine exposure in younger OLG, is not likely to be involved in maturation and the production of myelin. In support of this, NOS-2 null mice have apparently normal brains (67). Interestingly, nonmyelinating Schwann cells also express NOS-2 and produce NO following activation with the same cytokines TNF α and IFN γ (42), providing another analogy between the two myelinating cell types, and further supporting the conclusion that immature OLG can express NOS-2.

NO TOXICITY: DOSES AND MECHANISMS

NO concentration in vivo versus in vitro

NO is a gas that diffuses freely across cells, but as a free radical it reacts very quickly with other molecules. NO is labile and therefore relatively hard to quantify. *In vivo*, it can be monitored directly by a microelectrode sensor. However, since calibration to standard concentrations of NO is difficult, measurements are often given as percentage of the control baseline rather than actual concentrations. A rare report of direct NO concentration detected by microsensor in ischemic brain areas indicated an increase from less than 10 nanomolar to the micromolar range within 20 min of artery occlusion that began to decline upon substrate depletion (68). Another method to quantify NO in tissue is to trap the gas in a stable complex with iron that is then detected by electron paramagnetic resonance (EPR) spectroscopy. In normal rat brain, NO was detected in the nanomolar range with 0.9–1.5 nmol/g (28–46 ng/g) tissue by EPR, confirming the microsensor values (89). In a rat model of epilepsy where NOS-1 is activated, NO was again measured at less than 1 nmol/g in normal brain, and increased up to 10–15 nmol/g during tonic convulsions (51, 54). In pathological situations where high NO output NOS-2 is induced, such as septic shock in rat, the NO level in brain was found to be 5 nmol/g (150 ng/g) after 4 h, and 8–17 nmol/g after 6 h (33, 34, 89). During prolonged inflammation in rat brain such as occurs in experimental allergic encephalomyelitis (EAE) and rabies virus in-

fection, NO was found to be 20- to 30-fold higher (20–30 μ M) than the 1 μ M levels in normal brain and spinal cord (48). However, this study contradicts other NO values in being an order of magnitude higher than the 1 nM levels usually found in normal brain by microsensor and EPR.

In cerebrospinal fluid (CSF), devoid of hemoglobin that converts nitrite into nitrate, nitrite is a reliable indicator of NO production. An increase in nitrite level in CSF is considered an indicator of intrathecal NO production and a sign of brain inflammation. Nitrite level in normal human CSF is in the micromolar range, from 0.4 to 2.0 μ M (17, 26, 93). In normal rat brain, nitrite and nitrate levels are within the same range as in human CSF and average 2–4.5 μ g/g tissue (23, 89). In pathological conditions such as a relapse in multiple sclerosis, nitrite CSF level can reach 9 μ M (26). *In vitro*, the method of choice to quantify NO is to measure nitrite and nitrate levels in culture supernatant. Rodent macrophages and microglia are able to synthesize micromolar concentrations of NO over a 24-h period, resulting in nitrite concentrations close to 30 μ M (28). Human fetal astrocytes in culture accumulate up to 70 μ M nitrite after 7 days (16). Overall nitrite values are an order of magnitude higher than direct NO measurements due to several factors such as other sources (e.g., dietary intake), and accumulation of NO over time, further enhanced *in vitro* by reduced degradation.

In summary, physiological concentrations in brain under normal conditions are around 1 nM NO and 1 μ M nitrite. During pathological conditions, NO level can reach up to 1 μ M while nitrite levels are around 100 μ M. Another consideration to take into account is the inactivation of NO by interaction with tissue. For example, in an *ex vivo* study of optic nerves from rats with EAE, analysis of endogenous NO levels, as monitored by cGMP accumulation from guanylyl cyclase activation, indicated the ambient NO concentration was only around 1 nM (37), considerably lower than the toxic 1 μ M levels generated in glial cultures treated with cytokines. Taking into account that NO is inactivated by tissue and that NO concentrations are probably higher at the site of production, it is likely that physiological concentrations reach up to 1 μ M NO and 100 μ M nitrite. Therefore, studies using NO donors should not go too far above this concentration range (see section on sensitivity to NO).

NO sensitivity of oligodendrocytes compared to other brain cells

In vitro studies. Comparisons of sensitivity to NO of various cell types in brain are complicated by uncertainties with accurate measurement of NO in culture or *in situ*, as discussed above. Further, both NO and peroxynitrite can damage cells, so the contribution of each species is often unknown. In culture, the type of NO donor, the specific culture conditions and the presence of other cells in the culture can affect NO toxicity as well. Finally, very few studies have examined simultaneously both glia and neurons in the same culture for their sensitivity to NO under identical conditions.

However, comparisons of results from separate cultures or individual studies show that developing rat OLG and mature mouse OLG are as sensitive to NO as neurons, whereas astroglia are considerably more resistant to NO. Studies using

neuronal cultures point to a high vulnerability to NO. In one study, rat hippocampal neurons and B104 neuroblastoma cells in culture showed 28% and 19% cell death, respectively, over 48 h at a concentration of 10 μ M nitrite as measured by the Griess assay, whereas 4 μ M nitrite was not toxic (49). In that study, NO was generated by astroglia treated with S100 β , in co-cultures with the neurons or the B104 cells. Another study in organotypic hippocampal cultures used the slow releasing NO donor DETA-NO (NOC-18) and found that a steady concentration of 4.5 μ M NO released from 3 mM DETA-NO caused minimal cell death after 24 and 48 h. However, 3 mM NOC-12, a faster releasing NO donor producing a higher steady concentration of 10 μ M NO, resulted in ATP depletion and extensive cell death at 24 h (58). The authors measured the NO concentrations using an electrochemical probe (57).

In comparison to neurons, exposure of astroglia in culture to 1 mM DETA-NO resulted in about 8% cell death at 24 h, and about 50% at 48 h. NO concentrations were not measured directly, but can be estimated to be around 1 μ M (102). Astroglial sensitivity to NO at 48 h was more than for hippocampal neurons in organotypic culture that showed less than 10% cell death with 3 mM DETA-NO after 48 h (58), suggesting a protective mechanism in tissue slices during long-term incubation. In another study, using separate neuronal and astrocyte cultures, DETA-NO at 0.5 mM killed 95%–100% of neurons, but not astroglia (38), supporting further the greater vulnerability to NO of neurons in culture versus in organotypic slice, and showing without ambiguity that neurons are more sensitive to NO than astroglia. A recent study, using the fluorescent NO indicator diaminofluorescein diacetate in mouse neocortical slices, demonstrated that acute neuronal death triggers rapid release of high levels of NOS-2-dependent NO from astrocytes (18).

The sensitivity to NO of developing rat OLG is comparable to that of neurons in culture with 50% OLG death at 24 h with 0.3 mM DETA-NO (estimated to be 0.3–0.6 μ M NO) (6), similar to 95% neuron death at 24 h with 0.5 mM DETA-NO. There was no survival of developing OLG with 1 mM DETA-

NO (6), compared to only 8% death for astroglia at 1 mM DETA-NO (102), showing the much greater sensitivity of OLG than astroglia. In contrast, Baud *et al.* (6) found 50% cell death in MBP+ rat OLG at 2 mM DETA-NO after 24 h, but 50% death of developing OLGs at 0.3 mM, indicating that mature rat OLG are considerably more resistant to NO than developing OLG. Mature mouse OLG expressing GalC and MBP, in the presence of 15%–20% astroglia and less than 5% microglia, were killed by 150 μ M NOC-18 (DETA-NO, 0.15–0.3 μ M NO) at 64% and by 300 μ M NOC-9 at 80% by 18 h (12), suggesting that mature mouse OLG are as sensitive to NO as developing rat OLG. While 150 μ M NOC-12 (0.5 μ M NO) kills 60%–70% of differentiated murine OLG, 25 μ M NOC-12 (concentration estimated to be 80–85 nM NO, Ref. 101) kills only 10% of OLG, and in fact is protective against kainate toxicity (unpublished results). Table 1 summarizes these studies. The factors contributing to the differences in sensitivity of differentiated OLG in the rat system, and between rat and mouse for mature OLG are not known, but may be due to differences in the conditions for differentiating the OLG, to species differences (rat vs. mouse) or to the presence of ciliary neurotrophic factor and fewer astroglia (<5%) in the mature OLG cultures that were resistant to NO.

In vivo studies. The relative sensitivity of neurons, astroglia and OLG to NO and oxidative injury *in vivo* has been assessed primarily by histologic and immunocytochemical examination in numerous human diseases and animal models. Although a comprehensive summary of these *in vivo* studies is beyond the scope of this review, as in culture, NO and glutamate excitotoxicity have been implicated in death of neurons and OLG. For example, the role of astrocytes in ischemic neuronal death has been extensively examined (reviewed in Ref. 94). Premyelinating oligodendrocytes are extremely sensitive to both nitrosative and oxidative injury in periventricular leukomalacia in newborns (44). Recently, increasing attention has been focused on the roles of astroglia and microglia in

TABLE 1. COMPARISON OF SENSITIVITY TO NITRIC OXIDE BETWEEN NEURONS AND GLIAL CELLS

Cell type	NO donor	NO concentration	Half life	Cell death	Reference
Neurons, organotypic	3 mM DETA-NO	4.5 μ M NO	20 h	minimal at 24 h	58
Neurons, organotypic	3 mM NOC-12	10 μ M NO*	3 h	most at 24 h	58
Neurons	0.5 mM DETA-NO	0.9 μ M**	20 h	95% at 24 h	38
Astroglia	0.5 mM DETA-NO	0.9 μ M**	20 h	none	38
Astroglia	1 mM DETA-NO	1–2 μ M NO	20 h	8% at 24 h	101
Developing rat OLG	0.3 mM DETA-NO	0.3–0.6 μ M NO	20 h	50% at 24 h	6
Mature rat OLG	2 mM DETA-NO	2–4 μ M NO	20 h	50% at 24 h	6
Mature mouse OLG	0.15 mM DETA-NO	0.15–0.3 μ M NO	20 h	64% at 18 h	12
Mature mouse OLG	0.3 mM NOC-9	nd	3 min	81% at 18 h	12
Mature mouse OLG	0.15 mM NOC-12	0.5 μ M NO	3 h	60% at 18 h	Benjamins (unpub.)

*Measured at 5 min.

**Measured at 30 min, 4 h, and 24 h.

nd, not determined.

DETA-NO (also called NOC-18), NOC-12, and NOC-9 are NO donors of NONOate class.

damage to neurons and OLG in multiple sclerosis and in other inflammatory processes in white matter, as occurs in Alzheimer's disease (reviewed in Ref. 72).

NO toxicity in cell lines and primary cultures of oligodendrocytes

Proliferating rat OLG precursors after 24 h co-culture with microglia in separate permeable chambers showed 40% cytotoxicity in basal conditions with 10 μ M nitrite levels. Cell death increased to 70% when microglia were activated to produce up to 35 μ M nitrite, and reached 100% upon addition of L-arginine, which increased nitrite levels up to 55 μ M (70). Cytotoxicity was largely prevented by L-arginine analogues that inhibited NOS-2. This study launched several cytotoxicity studies using NO donors in OLG cell lines and in primary cultures. A comparative study of the three types of primary glial cultures isolated from the same rat brains showed that OLG were the most vulnerable to NO of all glial cells with 20% cell death at 18 h with 1 mM SNAP, but negligible death of astroglia and microglia (73). Doubling of SNAP (2 mM) killed 40% OLG, 20% astroglia, and less than 5% microglia. A subsequent study confirmed 48% and 52% cell death of primary rat OLG after 18 h with 1 mM SNAP and 2 mM SNAP, respectively, with cell death assessed by a different method (74). A study by another group corroborated these findings with half-maximal toxicity reached at 1.4 mM SNAP for mature MBP+ rat OLG (87). Under similar conditions, mouse OLG in primary culture achieved 50% cell death with 1.2 mM SNAP (200 μ M nitrite) and 74% cell death with 2 mM SNAP (300 μ M nitrite) (12), showing similar sensitivity to NO released from SNAP for mouse and rat OLG. Several mouse OLG cell lines under similar conditions with 1 mM SNAP after 18 h showed NO sensitivity with significant differences among them, from 5% to 50% cell death (66). These differences in sensitivity, however, did not correlate with maturation state. N19, the least mature cell line with bipolar morphology akin to progenitors, and N20.1, the most mature cell line, multipolar and expressing MBP mRNA, shared similar low sensitivity to 1 mM SNAP (5%–10% cell death). Another cell line, N1, with an intermediate maturity phenotype expressing GalC and CNPase, showed the highest 50% cell death with 1 mM SNAP, possibly because of expression of a different set of glutamate receptors not present in N19 and N20.1 cell lines. More recently, the lack of NO sensitivity for the N20.1 cell was confirmed, with 1 mM SNAP after an 18 h exposure (11). Half maximal cell death (50%) was reached by 5.5 mM SNAP (2.8 mM nitrite) for N20.1 cells, while 8 mM SNAP (4 mM nitrite) led to 60%–80% cell death. This suggests the N20.1 OLG cell line is five times more resistant to NO than OLG in primary culture. Comparison of these studies with others using a different class of NO donors (NONOates including DETA-NO and NOCs) is complicated by the fact that SNAP releases NO dependent on the composition of the medium on a mole to mole basis, while NONOates release NO spontaneously on a 1:2 molar basis with varying half-lives (20 h at 37°C for DETA-NO, compared to 1–6 h at 37°C for SNAP). This negates any direct comparison of SNAP and DETA-NO concentrations unless the actual level of released NO is monitored by a microsensor or by nitrite and nitrate levels.

Mechanisms of NO toxicity in oligodendrocytes

Role in glutamate toxicity. The interplay between glutamate receptor signaling and levels of NO has been well characterized in neurons, but less so in OLG. In neurons, NO can prevent or induce neuronal death depending on its concentration and the redox state of the cell (55, 59, 76). Neuroprotection can occur by S-nitrosylation and thus inactivation of NMDA receptors, caspases and p21 ras, or by upregulating protective genes such as Bcl-2 and HSP70. Activation by NO of the protective cGMP pathway via guanyl cyclase can lead to protein kinase G-dependent activation of PIP3-kinase and the antiapoptotic Akt serine/threonine kinase. Conversely, high levels of NO and peroxynitrite may kill neurons by indirect activation of caspases or by caspase-independent disruption of mitochondrial function (see section on mitochondrial toxicity). Like neurons, mature OLG are terminally differentiated cells, and also maintain extensive membrane structures, often at a distance from the cell body. However, several key differences between OLG and neurons indicate that neurotoxic or neuroprotective mechanisms operative for neurons cannot be directly applied to OLG. Thus, mature OLG do not express NOS-1, nor do they express NOS-2 when treated with inflammatory cytokines, at least in culture, in contrast to astroglia and microglia. Whether axonal contact alters expression of NOS-2 in mature OLG exposed to cytokines is not known.

OLG express ionotropic AMPA and kainate glutamate receptors. In one study with kainate receptors, three different NO donors did not modulate binding of kainate to its receptor in human brain tissue, suggesting that the kainate receptor is not inactivated by S-nitrosylation (62). This study, however, did not assess whether the kainate receptors were localized in gray or white matter. In sharp contrast with rodent cells, adult human OLG in culture were recently found resistant to excitotoxicity mediated through prolonged activation of AMPA and kainate receptors, probably due to low expression and little calcium permeability (99). If confirmed, this finding will have important implications for our understanding of glutamate cytotoxicity in human OLG. Until recently, OLG were reported to express few or no NMDA receptors. One earlier study found electrophysiological evidence for transient expression of atypical NMDA receptors in rat spinal cord (104). Recent reports have documented the presence of NMDA receptors in OLG at all stages of development, as well as in compact myelin (55a, 71a, 87a). These receptors showed low sensitivity to Mg^{2+} in contrast to neuronal NMDA receptors. NMDA antagonists blocked myelin damage due to oxygen/glucose deprivation or hypoxia/ischemia (71a, 87a). Whether the interaction of these atypical NMDA receptors and NO in OLG is similar to that described above for neurons has not been investigated.

In astrocytes, NO exposure upregulates glutathione synthesis, potentially protective (38), but induces rapid release of glutamate (2), inhibits glutamate uptake (100), and upregulates NOS-2. Conversely, glutamate, kainate, and AMPA all markedly increase cGMP levels in astroglia; this response requires NO synthase activity, and is dependent on extracellular calcium (3). Quiescent astroglia and microglia protect cultured neurons from glutamate toxicity; when these glia are activated with LPS, they produce high levels of NO, but do not kill the neurons unless high levels of glutamate are also

present (82). Whether OLG are more susceptible to glutamate toxicity in the presence of NO is not known.

Whether differentiating and mature OLG respond to NO and glutamate receptor activation in similar ways *in vivo* is not clear. In culture, kainate toxicity in immature OLGs is dependent on NOS-2 activity (69), similar to astroglia, as reviewed by Baltrons and Garcia (4). Elevated levels of cGMP or activation of protein kinase G protects immature and mature OLG and an immortalized OLG line from kainate toxicity, as do low levels of NO (87, 101). These results indicate that low levels of NO stimulate guanylyl cyclase to increase cGMP levels. We have recently shown that cGMP and agonists of Group I metabotropic glutamate receptors act via protein kinase G to partially protect mature OLGs against killing by high levels of NO (7, 8). Metabotropic glutamate receptors are expressed in both rodent (64) and adult human OLG progenitors (65). Activation of Group I metabotropic glutamate receptors attenuates excitotoxicity by inhibiting the accumulation of reactive oxygen species and the loss of intracellular glutathione in OLG (30). Takahashi *et al.* (95) demonstrated that glutamate toxicity of cultured OLG initiated by IL-1 β was dependent on the presence of both microglia and astroglia, and resulted from inhibition of glutamate uptake by astroglia. The role of NO was not investigated directly, but the inhibition of astroglial uptake of glutamate and the increased death of OLG via ionotropic glutamate receptors implicate NO as a mediator of these effects.

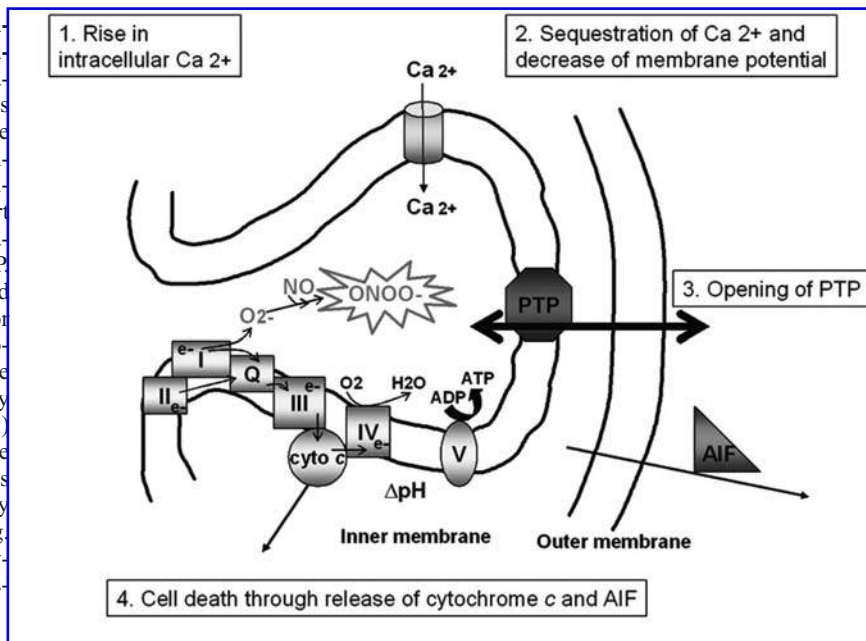
Of interest, white matter OLG express the glutamate transporters EAAT-1 and EAAT-2, and may be the predominant cells for glutamate clearance in white matter, as for astroglia in gray matter (84). Expression of the glutamate transporters were reduced in multiple sclerosis lesions and in cultured OLG exposed to the proinflammatory cytokine TNF α , suggesting that cytokine-induced downregulation of glutamate transport may also be mediated in OLG via NO-related mechanisms, as in astroglia. In summary, as in neurons, NO can act by protective pathways at low concentration, and by damaging pathways at high concentration to mediate the effects of glutamate toxicity in OLGs.

Effects of NO on mitochondria. Most studies of the effects of NO on mitochondria in OLG used exogenous NO from chemicals or from activated glial cells without considering the intrinsic capacity of OLG to synthesize endogenous NO. OLG do not express NOS-1, making it unlikely they express mitochondrial NOS, a splice variant of NOS-1 recognized by antibody to NOS-1 and absent in NOS-1 null mice (41). NOS-2, however, can be induced in immature OLG under various conditions, and could augment the provided exogenous NO. Likewise, OLG NOS-3 expression could contribute to endogenous NO.

There is overwhelming evidence that NO inhibits mitochondrial respiration in OLG. Incubation of 0.5 mM SNAP with mature rat OLG had a relatively low 5% cytotoxicity, but led to inhibition of mitochondrial activity, retraction of processes and cell clustering (73). Activity of the ferrosulfur enzyme succinate dehydrogenase, from complex II of the electron transport chain, was decreased by 30% from 12 to 18 h in mature rat OLG and by 45%–60% in several OLG cell lines (66). A higher dose of NO with 2 mM SNAP decreased by 20% the activity of the ferrosulfur enzyme after 6 h, and almost completely abolished its activity after 18 h in mature rat OLG (73). In contrast, the nonferrosulfur enzyme isocitrate dehydrogenase was unaffected by NO in mature rat OLG (73), showing that mitochondrial enzymes with a ferrosulfur center are specifically affected by NO. Other known inhibitory mechanisms of the electron transport chain include S-nitrosylation of the embedded proteins of complex I (24), and inactivation of cytochrome *c* oxidase by competitive binding of NO on the O₂-binding site (40). Additionally, peroxynitrite can be formed in a diffusion-controlled reaction in the presence of NO and superoxide ion leaking from the inhibited electron transport chain as illustrated in Figure 3. Peroxynitrite nitrosates tyrosine residues in proteins, induces the peroxidation of membrane lipids, releases cytochrome *c* and damages mitochondrial DNA (41). As proof of peroxynitrite formation, mitochondrial DNA became damaged subsequent to cytokine-induced NOS-2 in a pattern virtually identical to that elicited by addition of peroxynitrite to rat OLG cultures (31).

FIG. 3. A model of the possible sequential effects of NO on OLG mitochondria.

1. The first step is a rise in intracellular calcium (Ca²⁺) within minutes following addition of NO donors. 2. The second step is a decrease in mitochondrial membrane potential ($\Delta\psi$) by direct inhibition of the electron transport chain by NO, combined with sequestration of calcium, further depleting ATP. Sequestration of calcium is performed by the mitochondrial uniporter, the major calcium entry pathway into the mitochondrial matrix. 3. The third step is the opening of the PTP further facilitated by formation of peroxynitrite (ONOO⁻) from superoxide (O₂⁻) and NO. 4. The fourth step is cell death by apoptosis with 10%–20% PTP opening, and by necrosis with at least 50% PTP opening. The opening of the PTP releases cytochrome *c* and translocates apoptosis-inducing factor (AIF) to the nucleus.



In contrast to mature OLG, developing rat OLG were 10-fold more sensitive to NO with half-cytotoxicity achieved by 200 μ M DETA-NO at 24 h (6). This differential vulnerability resulted from a compromised mitochondrial membrane potential as early as 4 h in developing OLG, accompanied by a decrease of 80% in ATP content after 12 h (6). In contrast, mature rat OLG did not show a decrease in mitochondrial membrane potential under the same conditions despite enduring a similar 80% decrease in ATP content. ATP could be consumed in mature OLG to maintain the mitochondrial membrane potential compromised by the inhibition of the electron transport chain. The transmembrane potential is the driving force to produce ATP and pump in relatively large quantities of calcium. Calcium influx was observed in mature mouse OLG within 2–9 min of SNAP incubation (12) as illustrated in Fig. 4. Calcium influx accounts for a significant part in NO toxicity as shown by a complete protection of calcium chelator EGTA against SNAP and DETA-NO (12). Calcium influx suggests the opening by NO of metabotropic calcium channels yet to be identified.

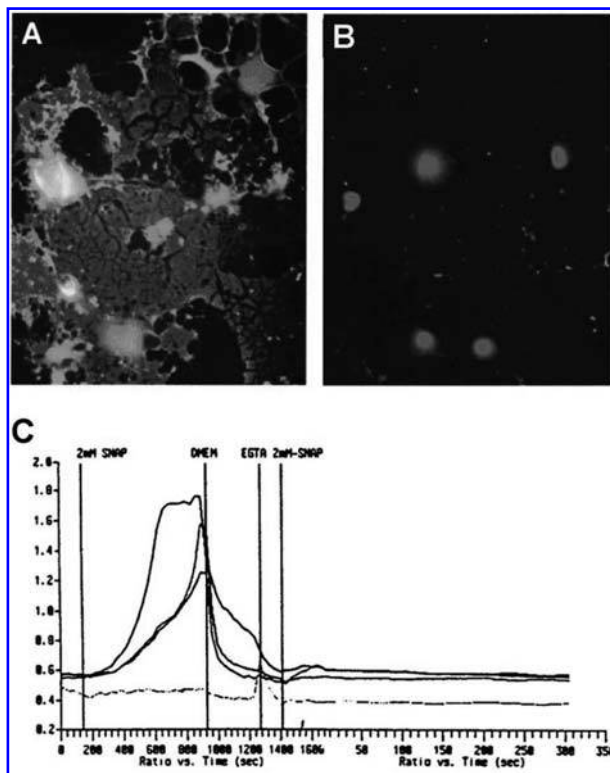


FIG. 4. High levels of exogenous NO initiate a calcium influx in OLG leading to cell death. OLG prepared from neonatal mouse brain show extensive membrane sheets stained by antibody A007 to sulfatide, and their normal nuclei are visualized by propidium iodide staining (A). Upon exposure to 2 mM SNAP, OLG die within 18 h, harboring shrunken nuclei and destroyed membranes (B). Intracellular calcium rise is an early event occurring in the majority of OLG within 2–9 min of SNAP addition, as shown by calcium imaging (C). Addition of EGTA to the medium prevented this rise, indicating an influx of intracellular calcium, from Boullerne *et al.* (12) with permission.

Surprisingly, despite an anticipated leakage of superoxide due to an almost certainly compromised electron transport chain, excess superoxide formation was not involved in NO toxicity in developing OLG, as demonstrated by the lack of protection from various superoxide scavengers and catalases, or overexpression of the cytosolic and mitochondrial superoxide dismutases (6). In agreement, neither reactive oxygen species nor peroxynitrite were produced under these conditions.

Complete inhibition of mitochondrial activity by 2 mM SNAP leads to death by necrosis for 52% mature rat OLG and 74% mouse OLG after 18 h (12, 74). Similarly, SNAP induced necrosis of the mouse OLG cell line N20.1, as shown by lack of DNA fragmentation and absence of protection by a pan-caspase inhibitor (11). In contrast to mature OLG, NO-induced cell death in developing OLG occurred through apoptosis, as shown by TUNEL staining, pyknotic nuclei and translocation of apoptosis-inducing factor from mitochondria to nuclei (6). Apoptosis in developing OLG is probably caused by the much lower dose of NO to induce cell death, allowing for a smaller degree of opening of permeability transition pores (PTP), as seen in Fig. 3.

The increased NO toxicity of developing O4+ OLG when compared to mature MBP+ OLG does not have an obvious explanation. Developing OLG are more challenged than mature OLG to maintain their mitochondrial transmembrane potential. It cannot be attributed to a difference in levels of the iron-binding proteins transferrin and ferritin, able to release iron leading to cytotoxicity with NO. Both transferrin and ferritin are expressed in O4+ OLG, with transferrin driving MBP expression, and are still present in mature MBP+ OLG (27, 80). Similarly, the basal level of glutathione is not significantly higher in MBP+ OLG compared to O4+ OLG (53) and only A2B5+ progenitors have much lower levels of glutathione (32). It is likely the mitochondrial glutathione pool becomes depleted in O4+ OLG progenitors following NO incubation, because depletion of mitochondrial glutathione leads to the opening of the PTP that precedes translocation of apoptosis-inducing factor from mitochondria to nuclei (21). In agreement with the role of glutathione *in vitro*, a significant decrease in reduced glutathione level paralleled by a significant increase in oxidized glutathione and *S*-nitrosothiol levels were found in CSF of multiple sclerosis patients when compared to controls (20).

In conclusion, the effect of NO to trigger cell death by apoptosis or necrosis in rodent OLG can be divided into four steps. The first step is a rise in intracellular calcium within minutes following incubation with NO donors (12) that is likely to be enhanced by glutamate. The second step is a decrease in mitochondrial membrane potential as early as 4–6 h, caused by direct inhibition of NO binding to the ferrosulfur enzymes of the electron transport chain (6, 66, 73). Inhibition of the electron transport chain by NO combined with calcium pumping by the channel uniporter exhausts the transmembrane potential over time. Moreover, calcium leakage from the mitochondrial matrix occurs through flickering of the PTP between open and closed states, as shown in OLG cultures in resting state and when the cytosolic calcium was raised by agonists (90). Sequestration of calcium by mitochondria to maintain a low calcium concentration in cyto-

plasm can last several hours as shown by the protection during the first 6 h of chelation with calcium EGTA (12). The third step occurs when the transmembrane potential is exhausted and leads to the opening of the PTP, further facilitated by a depleted glutathione pool and by formation of peroxynitrite. The fourth and last step is cell death occurring by apoptosis when the percentage of PTP opening is limited to 10%–20% and by necrosis when it reaches 50%. Opening of the PTP leads to release of cytochrome *c* and translocation of apoptosis-inducing factor from mitochondria to the nucleus.

Effects of NO on myelin. The effects of reactive oxygen and nitrogen species on the myelin membrane have been studied directly in isolated myelin fractions (97), or inferred by analyzing cellular and molecular changes occurring during inflammatory damage to myelin in multiple sclerosis or EAE (91). Increased formation of lipid and protein peroxides and the presence of nitrotyrosine in white matter, in both human and animal inflammatory demyelinating diseases, point to roles for oxidative and nitrative stress as mediators of damage to myelin.

In isolated myelin, peroxynitrite from the donor SIN-1, formed by the reaction of NO with superoxide, resulted in lipid peroxidation, as measured by formation of malondialdehyde after 1–2 h incubation (97). Neither NO nor superoxide alone had this effect. Further, the peroxidation was inhibited by superoxide dismutase but not catalase, confirming superoxide and not hydrogen peroxide as the source of the damaging agent peroxynitrite.

In vivo, malondialdehyde is increased in plaques and CSF of multiple sclerosis patients when compared to normal brain tissue and CSF (19, 77), supporting further the finding on purified myelin. Injection of the peroxynitrite donor SIN-1 into rat corpus callosum (white matter) led to severe myelin alteration as early as 2 days after injection, starting with myelin vacuolization, followed by demyelination along with immunodetection of nitrotyrosine, the footprint of peroxynitrite (96). Accordingly, nitrotyrosine staining has been consistently detected in acute lesions of multiple sclerosis (1, 25, 47, 63, 78).

In addition, NO by itself has an effect on another parameter, that of myelin compaction. Incubation of rat optic nerve with 1 mM SNAP for only 2 h, under similar conditions as for purified myelin, led to irreversible decompaction of myelin at the level of the intraperiod line (10). Alteration in myelin architecture could not be assigned to lipid peroxidation, since no malondialdehyde was formed, but to *S*-nitrosylation of proteins including proteolipid protein. Proteolipid protein is responsible for stabilization of the intraperiod line, representing compaction of the extracellular surfaces of myelin lamellae. Accordingly, peripheral myelin, which does not depend on proteolipid protein for stabilization, was not decompacted by NO. This suggests a direct and rapid action of NO on myelin architecture in the CNS.

In vivo and in culture, as discussed above, OLG and especially differentiating OLG are more sensitive than other glia to NO and to oxidative damage, resulting in selective OLG death and demyelination (91). This may be due to reduced capacity for defense against oxidative insults and mitochondrial damage, and the high iron content in OLG. As in isolated

myelin, reactive species may lead to peroxidation and directly damage myelin *in vivo*, stimulating phagocytosis by macrophages. Similarly, activation of proteases and lipases may disrupt the stable structure of the myelin sheath. In the EAE model of inflammatory demyelination, several therapeutic strategies have been directed at the prevention of damage from reactive oxygen or nitrogen species. The effects of antioxidant treatment have been more successful than attempts to reduce reactive nitrogen species. In some cases, reduction of reactive nitrogen species has worsened disease, in agreement with the protective effects of low levels of NO under some conditions in glial and neuronal cultures.

FUTURE DIRECTIONS FOR UNDERSTANDING THE ROLE OF NO IN OLIGODENDROCYTES

Endothelial nitric oxide synthase

If confirmed *in vivo*, the expression of NOS-3 offers promising new venues of research in the biology of OLG as a signaling molecule possibly involved in the regulation of cytoskeletal structure. Potential regulation of NOS-3 activity with regards to increases in intracellular calcium levels should be explored. Pathways to excitotoxicity induced by glutamate through increased intracellular calcium may involve NOS-3. Other conditions leading to a rise in intracellular calcium, such as increased NO levels *in vivo* and incubation with NO donors *in vitro* should also be addressed with regards to NOS-3 activity. Pharmacologic regulation of calcium channels and the use of NOS-3 selective inhibitors may provide further information about the mechanisms leading to toxicity, and suggest possible strategies for protection. Models using chemical agents such as cuprizone or ethidium bromide to induce noninflammatory demyelination in wild-type versus NOS-3 null mice could provide important information about the role of NOS-3 in remyelination. Findings about NOS-3 activity in OLG primary cell cultures can be applied to NOS-3 null mice immunized to induce EAE to better understand neuroinflammatory demyelinating diseases such as multiple sclerosis.

Inducible nitric oxide synthase

Since NOS-2 has convincingly been shown to be expressed upon stimulation in premyelinating OLG by several independent laboratories, one must assume bipolar progenitors and young OLG are able to express NOS-2. One question is whether the results found in neonatal rodent cultures are applicable to adult human OLG. As an example of species differences, adult human microglia are notoriously difficult to induce for NOS-2 expression, while rodent microglia are readily induced. Another question concerns the regulation of NOS-2 induction; the mechanisms are largely unknown and appear to involve a variety of different signals, including the ionotropic kainate glutamate receptor and inflammatory cytokines, at the exclusion of LPS (62a), suggesting OLG are missing the receptors for innate immunity. In the rat OLG progenitor cell line CG4, p38 mitogen-activated protein ki-

nase is known to be involved in NOS-2 expression induced by cytokines (9). The problem of unavoidable contamination of OLG primary culture by astrocytes and microglia, also inducible for NOS-2 in similar conditions, needs to be solved, and the use of cell lines would provide a pure population of OLG, albeit at an immature stage. A recent study circumvented the problem of contaminating cells by deriving OLG from rat cortical neurospheres that were induced to differentiate for 48 h until expression of the early mature markers GalC and CNPase, hence achieving virtually pure primary cultures of OLG. NOS-2 expression was induced by TNF- α , and that induction was greatly potentiated by amyloid- β peptide (103). It is likely that after 48 h of differentiation, OLG were of immature/young phenotype with processes but no large membrane extension, as illustrated earlier (61). The signaling pathways involved neutral sphingomyelinase and ceramide. As in the other glial cell types, astrocytes and microglia (81, 92), the transcription factor NF- κ B was involved in NOS-2 expression in OLG derived from neurospheres. Finally, an unknown inhibitory mechanism prevents NOS-2 expression in mature OLG with membrane extensions. Evidences for a similar mechanism *in vivo* are lacking due to the paucity of NOS-2 expression in OLG in brain. It would be informative to know this mechanism to help understand the maturation process and the production of myelin.

Glutamate and NO

The interactions between NO and glutamate receptors, both ionotropic and metabotropic, need to be assessed more comprehensively to gain insights into mechanisms of cytotoxicity. Metabotropic receptors have been found only recently in OLG, and their role with regard to NO need to be more fully characterized. Another contentious issue is the question of species difference between rodent and human cells. In sharp contrast to rodent cells, one study reports that adult human OLG weakly express AMPA and kainate receptors and are refractory to excitotoxicity (99), raising questions about the glutamate excitotoxicity model proposed for multiple sclerosis. Results in human cells need to be replicated and extended to the effects of glutamate and NO in the human nervous system.

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ABBREVIATIONS

A2B5, ganglioside present on OLG progenitor; CNPase, 2',3'-cyclic nucleotide-3'-phosphodiesterase; CSF, cerebrospinal fluid; EAE, experimental autoimmune encephalomyelitis; EPR, electron paramagnetic resonance;

GalC, galactocerebroside; IFN γ , interferon gamma; IL-1 β , interleukin-1 beta; LPS, lipopolysaccharide; L-NMMA, *N*-methylamidino-L-ornithine; MBP, myelin basic protein; MOG, myelin oligodendrocyte glycoprotein; NADPH-d, NADPH-diaphorase activity; NO, nitric oxide; NOS-1, nitric oxide synthase type I; NOS-2, nitric oxide synthase type II; NOS-3, nitric oxide synthase type III; OLG, oligodendrocytes; PAF, paraformaldehyde; PTP, permeability transition pore; TNF α , tumor necrosis factor alpha.

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